

# IV ANESTHESIA

## PRE-OPERATIVE INSTRUCTIONS

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### THE NIGHT BEFORE SURGERY:

- Do not eat or drink (even water) 8 hours before your ARRIVAL TIME
- DO take any prescription medications (high blood pressure, thyroid, etc) as well as your antibiotic, using only a small sip of water.
- DO NOT take any type of sedative, (anxiety, muscle relaxers) blood thinners, anti-inflammatories, aspirin or pain pills of any kind on the morning of surgery UNLESS approved by the anesthesiologist or Drs. Tanur & Ovadia.

### THE MORNING OF SURGERY:

- Take a shower on the morning of surgery.
- Do not apply lotion, cologne, or perfume. Otherwise, the vital sign machine will not give proper, accurate readings.
- Wear comfortable, loose fitting clothes. Please wear a short-sleeve shirt/blouse, so your arms are easily accessible for the IV and blood pressure cuff.
- If you have problems with incontinence, please wear adult disposable underwear or a liner. We have these available at our office as well. You will be unable to use the restroom for approximately 2-4 hours while in surgery and will be receiving fluids.
- DO NOT wear any kind of compression garments (girdle or shapewear) under your clothes.
- Leave all jewelry at home (watches, earrings, necklaces, rings, bracelets).
- If you wear any type of removable appliance, bring to your appointment and you will be advised as to whether you can wear after surgery (nightguard, Invisalign, retainers, partials, dentures, snoreguards, CPAP masks)

### AT THE START OF SURGERY:

- An IV will be started in your arm or hand. Medication will be administered through the IV and you will experience total relaxation with very little recall or memory (if any) of the events surrounding the surgery.
- You will not be completely unconscious, but instead be in a very deep and comfortable sleep as well as unaware.

BRING ALL PRESCRIPTION MEDICINE ORDERED BY OUR OFFICE & FOLDER WITH  
DOCUMENTS TO YOUR APPOINTMENT